



**QUEEN MARY**  
**SAILING CLUB**

## **FROSTBITE SUNDAY SERIES**

**31<sup>ST</sup> DECEMBER 2017 – 18<sup>TH</sup> MARCH 2018**

**SAILING INSTRUCTIONS**

# QUEEN MARY SAILING CLUB SUNDAY SERIES

## SAILING INSTRUCTIONS

### 1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2017 - 2020*.
- 1.2. Not used.
- 1.3. The bye-laws of Queen Mary Sailing Club will apply.
- 1.4. The Exoneration Penalty and the Advisory Hearing and RYA Arbitration of the RYA Rules Disputes Procedures will be available as detailed in the RYA Racing Rules Guidance Booklet, December 2015. The Exoneration Penalty shall be 30% of the number of boats starting the race or 3 places, whichever is greater.

### 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the upper deck.

### 3. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted 30 minutes before the scheduled warning signal of any race affected on the day it will take effect, except that any change to the schedule of races will be posted by 09:30hrs on the Sunday before it will take effect.

### 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the Clubhouse flagpole.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP. This changes the meaning of flag AP in Race Signals.

### 5. SCHEDULE

From 31<sup>st</sup> December 2017 until 18<sup>th</sup> March 2018 there will be two races for each class each Sunday held back to back.

RACE 1 WARNING SIGNAL	FLEET	CLASS WARNING FLAG
10:27	LASER & RADIAL	LASER STARBURST
10:30	FAST WINDWARD/LEEWARD RS 400	NO.2 (DEFACED BLUE)
10:33	YOUTH , SLOW HANDICAP & RADIAL FAST HANDICAP	NUMERAL 3 NO.3 (DEFACED GREEN)

The warning signals for Race 2 will be made as soon as possible after Race 1.

### 6. CLASS FLAGS

Class flags will be as set out above.

### 7. RACING AREA

The racing area will be indicated on the Daily Information Board located in the corridor on the lower deck.

### 8. THE COURSE

- 8.1. The course designations and configurations, including the order of rounding marks are shown in the Notice of Race.
- 8.2. The courses and number of rounds will be displayed on the stern of the Committee Boat at the Preparatory Signal for each class and will remain displayed until the starting signal. Start 1 will be displayed on the left, Start 2 will be displayed in the middle and Start 3 will be displayed on the right.

8.3. The Slow Handicap boats will sail one round less than the number displayed for their start.

## **9. MARKS**

9.1. The windward mark of the designated course will fly a yellow flag. The gybe or wing mark will fly a green flag and the leeward mark will fly a pink flag.

9.2. The starting mark will be a spherical buoy flying a red flag.

9.3. The finishing mark will be a spherical buoy flying a blue flag.

## **10. AREA THAT ARE OBSTRUCTIONS**

The following areas are obstructions and boats shall not sail in those areas at any time:

(a) at the recovery plant on the western wall of the reservoir, the area bounded by the dredger's anchor buoys;

(b) at the southern end of the bund, the area bounded by the dredger's anchor buoys and the shallows bounded by yellow topped black buoys.

## **11. THE START**

11.1. Races will be started with the warning signal given 3 minutes before the starting signal, the preparatory signal given 2 minutes before the starting signal and the Preparatory flag removed 1 minute before the start. This changes Rule 26.

11.2. The starting line will be between a staff displaying an orange flag on the Race Committee boat at the starboard end and the course side of the port end starting mark

11.3. Boats whose warning signal has not been made shall avoid the starting area.

11.4. A boat starting later than 4 minutes after her starting signal will be scored DNS. This changes rule A4.

11.5. In the event of a general recall the First Substitute will be flown for no more than 2 minutes, and lowered without a sound signal. A recalled start or starts will be restarted (in their original order if more than one) with a new warning signal at the end of the starting sequence. This changes rule 29.2.

## **12. CHANGING THE NEXT LEG OF THE COURSE**

Course marks may be moved by no more than 150 metres during the race but flag C will not be displayed nor will information regarding the change be displayed. This changes rule 33.

## **13. THE FINISH**

13.1. The finishing line will be between a staff displaying a blue flag on a Race Committee boat and the course side of the nearby finishing mark.

13.2. If the Race Committee signals a shortened course (displays flag 'S' with two sounds), boats will pass the leeward mark to port and continue to the finish line. This changes rule 32.2.

## **14. PENALTY SYSTEM**

For Multi-hull classes the Two-Turns Penalty is replaced by the One-Turn Penalty. This changes rule 44.1.

## **15. TIME LIMITS**

The time limit for all races will be 75 minutes. A boat failing to finish within 15 minutes after the first boat finishes or within the time limit, whichever is the earlier, will be scored DNF. This changes rule 35 and Appendix A4.1.

## **16. PROTESTS AND REQUESTS FOR REDRESS**

16.1. Protests shall be written on forms available from the Race Office and shall be delivered there within 60 minutes of the last boat's finishing time, except in the case of back-to-back races, where they shall be delivered within 60 minutes of the last boat's finishing time in the last race.

16.2. Protests will be heard in approximately the order of receipt as soon as possible.

## **17. SCORING**

- 17.1 Appendix A9 "Race Scores in a Series longer than a Regatta" will apply.
- 17.2 Four races are required to be completed to constitute a series.
- 17.3 An entrant must complete 33% (rounded up) of the races constituting the series to qualify for a position and prize.
- 17.4 (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.  
(b) When from 5 to 8 races have been completed, a boat's series score will be the total of her best four race scores.  
(c) When 9 or more races have been completed, a boat's series score will be the total of the best 50% (rounded up) of her race scores.

## **18. SAFETY REGULATIONS**

- 18.1. Each boat shall sign on each day that she intends to race before going afloat.
- 18.2. A boat that launches and does not start a race, retires from a race or receives outside help during a race shall complete a declaration at the Race Office within the protest time limit.

## **19. RADIO COMMUNICATIONS**

Except in an emergency a boat that is racing shall not make voice or data transmissions and shall not receive voice and data communications not available to all boats.

## **20. PRIZES**

Prizes will be awarded to the lesser of the first three places or the integer of the square root of the number of qualifiers in each fleet.

## **21. RISK STATEMENT**

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules or information produced for the venue or event and attend any safety briefing held for the event.

## **22. INSURANCE**

Each boat is required to hold adequate insurance and in particular to hold insurance against third party claims in the sum of at least £2 million.