



SCHOOLS & YOUTH GROUPS

INTRO

Queen Mary Sailing Club is a long established Training School just to the west of London on the Surrey/Middlesex border catering for all ages from 7yrs upwards. Based on one of the largest reservoirs in the UK, we offer a wide variety of watersport options for Schools, Scouts, Guides & other youth groups from one off activity sessions to regular participation. We tailor each programme to meet each groups individual requirement and can include after-school sessions, national curriculum work and DofE.

Our aim is to encourage, support and educate young people by introducing them to the challenges of watersports in a safe, secure environment. Queen Mary Saing Club is annually inspected and recognised by the Royal Yachting Association (RYA) and the Adventure Activities Licensing Authority (AALA). All our activities are delivered under close supervision with NGB qualified instructors. Risk assessments are available on request.

WHY WATERSPORTS?

Regular and one-off sessions are not only an excellent way of building a young person's confidence & team building skills, but also in getting more active & involved in a fantastic sport, obtaining internationally recognised RYA qualifications all recorded through personal logbooks & certificates.

ACTIVITIES

We offer a wide choice of onwater activities....

- Sailing (small boat dinghies & larger keelboats)
- Windsurfing (min age 10yrs)
- Kayaking
- Stand Up Paddleboarding
- Raft Building
- Dragon Boating
- Team Games / Challenges

REGULAR SESSIONS

Regular sessions in sailing or windsurfing (a session being 2-2.5hrs) can be set up at any time of year, with the majority of groups opting for sessions from Easter through till October half term. Most 'terms' are booked in blocks of 6 sessions over 6 weeks, however each term can be tailored to the availability of the group, from 2 sessions to infinite.

Before students commit to a term, we can run a taster session first, with those keen to continue then signing up to the regular sessions.

We can work towards the stages within the RYA Youth Sailing Scheme or RYA Youth Windsurf Scheme, with certification obtained upon reaching the required ability.

D of E & NATIONAL CURRICULUM

We have helped numerous young people through their GCSE PE practical work, aswell as DofE candidates using the regular sessions as part of their *physical* section. If there is any way we can assist with the time spent down here working towards other awards, then we are more than happy to help!

ONE-OFF SESSIONS & ACTIVITY DAYS

Anywhere from 6 participants up to 60 participants! Combinations of sailing, windsurfing, kayaking, stand-up paddle boarding, raft-building and team games can be bolted together to make up an activity day, or alternatively pick your favourite activity and come for half a day! Any level of catering is available.

A full day programme example:

0930 – Arrive, Introductions, Safety & Change

1015 – Activity 1

1200 – Lunch

1300 – Activity 2

1430 – Activity 3

1600 – Change & Prize-giving

1630 - Depart

PRICES

Due to the flexibility in each programme, it is best to discuss your requirements with a member of the Office Team to get an accurate idea of price. As a guide:

2hr Taster Session <i>(offered March, April, May)</i>	Dinghy Sailing: min age of 8	£10 per person
	Windsurfing: min age of 10	£10 per person
Regular Sessions	£120 per group per session* (with multiple groups sizes available)	Alternatively we offer our scheduled ' midweek terms ' run from 1600-1815, where students book on independently to the school.
One-off Sessions / Activity Days	range from £20 per person to £40 per person depending on the activity, duration and number of people taking part	

* a group is based upon 6 students. Multiple groups are available

PARTICIPANT & SCHOOL REQUIREMENTS

Participants are not required to be able to swim, but need to be confident in and around water. Queen Mary provide EU approved 50N Buoyancy Aids for all participants afloat, as well as wetsuits. Each participant would need to bring with them:

- Swimwear
- Towel
- Shoes (old trainers or wetsuit shoes)
- Completed QM Health & Water Confidence Declaration form (issued at time of booking)

A group representative (whether a teacher, leader or a parent) will need to take the group co-ordinator role and liaise with QM in the set up of the programme. Once it is all set up they need not be onsite during the sessions (however they are more than welcome to get involved!).

TEACHER TRAINING

All the above activities can be tailored to the adults too, and are perfect for providing a platform for team building. Maybe even tie it in with a meeting in one of our water front meeting rooms. Prices start from £150 for room hire. Any level of catering available.

ENQUIRIES & BOOKINGS

For more information on any of the options available please contact the Office Team;

Tel: 01784 248881

Email: sailondon@queenmary.org.uk

Website: www.queenmary.org.uk/schools.aspx

SAFETY & DOCUMENTS

You can find the latest safety documents, including our Code of Conduct & Risk Assessment within our website - <http://www.queenmary.org.uk/club-documents.aspx>

TESTIMONIALS

"Queen Mary's sailing club is a fantastic place to learn to sail. Our school has kept two J80s there for the past few years. The instructors are wonderful; organised and totally professional. Also the facilities are second to none. We have never been disappointed by a trip to QM!" – **Angus Davies, The Magna Carta School**

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