

5 Minute Start Sequence - Race Number: 1 or 2 Time:

Elapsed	Flags	Action		Sound	Start
	Committee Boat on Station				
-7	Synchronise				
-6	AP Down	↓		+1	
-5	Laser Up	↑		+1	
-4	P Up	↑		+1	
-3	2 minutes to...				
-2	1 minute to...				
-1	P Down	↓		+1	
0	Laser Down, 2 Up	↓ ↑	 	+1	Laser
1	P Up	↑		+1	
2	2 minutes to...				
3	1 minute to...				
4	P Down	↓		+1	
5	2 Down, 3 Up	↓ ↑	 	+1	RS400, W/L
6	P Up	↑		+1	
7	2 minutes to...				
8	1 minute to...				
9	P Down	↓		+1	
10	3 Down, “Recall” Up	↓ ↑	 Class	+1	Fast / Slow
11	Black Up	↑		+1	
12	2 minutes to...				
13	1 minute to...				
14	Black Down	↓		+1	
15	“Recall” Down	↓	Class	+1	Recalled